

Granger High School Lancer Wrestling!

If you are interested in joining Wrestling, please speak with Coach Livingston in L205 or contact by email: kjlivingston@graniteschools.org

We have both boys and girls teams!

Come check out the wrestling room in L203!

It is a great opportunity to gain confidence, build relationships, and provide opportunities!

Weight Classes:

Boys-106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

Girls-100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235

For open mat (Summer & Fall) you will need a completed District Acknowledgement of Risk From.

For the Wrestling Season/Team, you will need to complete Register My Athlete (upload completed physical and birth certificate), Quarter 1 GPA above 2.0 with no more than 1 'F', and no unexcused absences.